



What's?
Cooking

Cherry Crisp

Makes: 50 Servings

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Ingredients	Weight	Measure
mgrodiomo		
Whole wheat/enriched blend blend flour	13 1/2 oz	3 cups + 2 Tbsp
Rolled oats	9 oz	3 cups + 2 Tbsp
Brown sugar, packed	15 oz	3 1/2 cups
Nutmeg		1 tsp
Cinnamon		1 tsp
Salt		1/2 tsp
Trans fat-free margarine	1 lb	2 cups
Frozen red tart cherries, pitted, thawed	8 lb + 8 oz	3 qt + 3

Nutrients Calories	Amount 316
Calonies	310
Total Fat	12 g
Saturated Fat	3 g
Cholesterol	N/A
Sodium	103 mg
Total Carbohydrate	51 g
Dietary Fiber	2 g
Total Sugars	N/A
Added Sugars included	N/A
Protein	3 g
Vitamin D	N/A
Calcium	17 mg
Iron	3 mg
Potassium	N/A
N/A - data is not available	
Meal Components	
Fruits	1/4 cup

Reserved juice from cherries		1 cup
Sugar	10 oz	1 1/2 cups
Frozen orange juice concentrate		1/4 cup
Cornstarch		1/4 cup + 2 Tbsp
Water, cold		1/4 cup

Directions

- 1. For topping: Combine flour, rolled oats, brown sugar, cloves, salt, and butter. Mix until crumbly. Set aside for step 8.
- 2. Drain and reserve 1 cup of cherry juice for step 4.
- 3. Place cherry into full steamtable pan.
- 4. Combine cherry juice with sugar and orange juice concentrate. Cook juice mixture over medium heat for 2 minutes.
- 5. Combine cornstarch and water. Stir until smooth.
- 6. Add cornstarch to juice mixture. Cook over medium heat, stirring constantly until thickened, 3-4 minutes. Remove from heat and stir well.

- 7. Pour 2 cups liquid mixture over cherries in the pan.
- 8. Sprinkle topping evenly over cherries in the pan.
- Bake until topping is browned and crisp. Conventional oven: 425 degrees F for 35-45 minutes. Convection oven: 350 degrees F for 25-35 minutes.
- 10. Cut each pan 5 x 10 (50 portions per pan). **Source:** National Food Service Management Institute